
TABLE TALK

In Fear and Faith

Prepare:

As one person lights a candle, the family reads together:

C: In fear we cry and you say,

R: "Take heart; it is I. Do not be afraid."

C: In faith we cry and you say,

R: "Take heart; it is I." You are made well.

Read: Mark 6:45-56 (ESV)

45 Immediately he made his disciples get into the boat and go before him to the other side, to Bethsaida, while he dismissed the crowd. 46 And after he had taken leave of them, he went up on the mountain to pray. 47 And when evening came, the boat was out on the sea, and he was alone on the land. 48 And he saw that they were making headway painfully, for the wind was against them. And about the fourth watch of the night he came to them, walking on the sea. He meant to pass by them, 49 but when they saw him walking on the sea they thought it was a ghost, and cried out, 50 for they all saw him and were terrified. But immediately he spoke to them and said, "Take heart; it is I. Do not be afraid." 51 And he got into the boat with them, and the wind ceased. And they were utterly astounded, 52 for they did not understand about the loaves, but their hearts were hardened.

53 When they had crossed over, they came to land at Gennesaret and moored to the shore. 54 And when they got out of the boat, the people immediately recognized him 55 and ran about the whole region and began to bring the sick people on their beds to wherever they heard he was. 56 And wherever he came, in villages, cities, or countryside, they laid the sick in the marketplaces and implored him that they might touch even the fringe of his garment. And as many as touched it were made well.

Reflect

Jesus responds to us in a positive way, no matter how we cry out to him—in fear or in faith.

Take a moment to talk about what this passage (Mark 6:45-56) means for you as a family.

Now share with one another one thing you can do differently as a member of your family.

Pray:

The head of the household prays:

Dear Lord, regardless of our understanding, you respond when we cry out to you. Help us to call out to you in both times of fear and faith, knowing you have all authority to answer our prayers. In your precious name we pray, amen.